



CURRICULUM VITAE

PROFESSOR AHMED GASIM ELZUBAIR BABIKER

**MB, BS (U. of Khartoum), FRCP (Dublin), FRCP (Glasgow), Diploma
of Tropical Public Health (U. of London), Diploma of Tropical
Medicine & Hygiene (U. of London)**

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PROFESSOR AHMED GASIM ELZUBAIR BABIKER

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CV SUMMARY

- Dr Ahmed Gasim Elzubair (MB BS, FRCP, DTPH, DTM&H), Professor of Family Medicine.
- SCFHS registration Number 10-K-M-0356997
- Consultant Family Medicine and Certified Trainer of Family Medicine since 1991.
- Main professional field is clinical internal medicine, clinical epidemiology with special interest in management of non-communicable diseases especially diabetes mellitus and hypertension. Gained clinical experience in the management of diabetes mellitus and hypertension and obtained Fellowship in Diabetes mellitus from Medvarsity University, India.
- Academic ad teaching experience in both under- and post-graduate medical education (for over 25 years).
- Worked as full-time academic staff in four universities, in the capacities of lecturer, assistant professor, associate professor, and ultimately full professor in Family & Community Medicine; in addition to various clinical posts in Sudan and the United Kingdom.
- Over 54 publications
- Language proficiency for both Arabic and English. Main research interest is in the area of non-communicable diseases and doctor-patient relation and communication.

CURRICULUM VITAE

2. Personal Information:

- 2.1 Name:** Ahmed Gasim Elzubair Babiker
- 2.2 Date of Birth:** 06/02/1946
- 2.3 Place of Birth:** Kassala, Sudan
- 2.4 Marital Status:** Married, has one child
- 2.5 Current Address:** College of Medicine and Surgery,
National University Sudan, Khartoum.

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3. Qualifications:

- 3.1 MB BS 1972 (University of Khartoum)
- 3.2 DTPH 1977 (University of London)
- 3.3 DTM&H 1977 (University of London)
- 3.4 MRCP 1982 (Royal College of Physicians of Ireland)
- 3.5 FRCP 2000 (Royal College of Physicians of Ireland)
- 3.6 FRCP 2012 (Royal College of Physicians & Surgeons,
Glasgow)
- 3.7 Fellowship in Diabetes Mellitus 2016 (Medvarsity University,
India)
- 3.8 Accredited Trainer: Saudi Board of Family Medicine

4. Previous Experience:

4.1 Currently:

Vic-Dean, Faculty of Medicine and Surgery, National University Sudan, Khartoum since September, 2021.

Professor in Medicine and Family Medicine, National University Sudan, Khartoum, since 2020.

4.2 Postgraduate Dean, Graduate College, University of Medical Sciences and Technology, Khartoum (May, 2018 – March 2020).

4.3 Rapporteur, Examination Committee, Family Medicine Council, Sudan Board for Health Specialties. (Since May 2018 – July 2021).

4.4 Acting Head, Division of Family Medicine and Primary Health Care, King Abdulaziz Hospital, National Guard Health Authority, Eastern Region, Al Ahsa, Saudi Arabia: (September, 2012 – May 2018)

4.5 Director of Training Family Medicine Residency Program, at King Abdulaziz National Guard Hospital at Al-Ahsa:

4.6 Consultant Family Physician, at King Abdulaziz National Guard Hospital at Al-Ahsa: (September, 2012 – May 2018)

My duties in this post were:

4.5.1 Care of patients in the Family Medicine clinics and in the Employees Health Clinic in King Abdulaziz National Guard Hospital, and in the main primary health care center in the National Guard Residence. The majority of patients in the Family Medicine Clinic are diabetic and hypertensive patients (an average of 20 cases daily seen).

4.5.2 Acting as a Director of Training for the Family Residency Program for King Abdulaziz National Guard Hospital at Al Ahsa; and Al Imam Abdulrahman Bin Faisal Hospital at Dammam, Kingdom of Saudi Arabia.

4.7 Professor of Family and Community Medicine, At the Department of Family and Community medicine, College of Medicine, King Faisal University, Dammam, Saudi Arabia: (May, 2002 – December, 2010)

In this post I was responsible for the following health services and academic activities:

- 4.7.1 Care of patients, in the capacity of Consultant in Family Medicine, in the field of chronic non-communicable diseases.
- 4.7.2 Supervision of and clinical training of medical students, interns; and residents preparing for postgraduate qualification in Family Medicine.
- 4.7.3 Undergraduate teaching of medical students, at the College of Medicine, King Faisal University, for the regular medical education program. The teaching involved delivering lectures and administering integrated education sessions, as well as problem solving sessions, for the Parallel Medical Education program.
- 4.7.4 Participated in the teaching of nurse students, in the College of Nursing, King Faisal University.

4.8 Associate Professor Family and Community Medicine, at the Department of Family and Community medicine, College of Medicine, King Faisal University, Dammam, Saudi Arabia: (September,1997 - April 2002)

In this post I was responsible for the following health services and academic activities: -

- 4.8.1 Care of patients, at the capacity of Consultant in the Family and Community medicine Department, College of Medicine, King Faisal University.
- 4.8.2 Clinical teaching of medical students, interns and residents enrolled in King Faisal University Fellowship program in Family Medicine, and later the Saudi Council For health Specialty in Family medicine program.
- 4.8.3 Acted as a Clinical Director for the Department of Family and Community Medicine Clinic which constitutes the main training venue for Clinical Family Medicine training in King Faisal University for both under- and post-graduate students, as well as Nursing College students.
- 4.8.4 Acted as a Registrar for King Faisal University Fellowship and Diploma Programs in family and Community Medicine, in addition to carrying out the duties of a registrar for the Master Degree in Occupational Medicine and Health.

- 4.8.5 Acted as a coordinator for the course of Comprehensive Health care1 (CHC1) and Comprehensive Health Care2 (CHC) and Comprehensive Health care 3 (CHC3), for clinical training in Family Medicine.
- 4.8.6 Acted as an academic supervisor for the dissertations carried out by postgraduate residents enrolled in King Faisal University Fellowship program in Family Medicine, and for those enrolled in the Saudi Council for Health Specialties Program. (List of supervised dissertations provided bellow).
- 4.8.7 Acted as an internal examiner in the semi-final examinations for King Faisal University Fellowship and Diploma in Family and Community Medicine programs.
- 4.8.8 Acted as an internal examiner for Dissertation's defense undertaken by final year residents in Family and Community Medicine.
- 4.8.9 Worked as a member of the Training and Curriculum Development Committee in the Department of Family and Community Medicine, College of Medicine, King Faisal University.
- 4.8.10 Worked as a member of the Examinations Committee in the Department of Family and Community Medicine, College of Medicine, King Faisal University.
- 4.8.11 Worked as a member of the Research Committees both at the level of the Department and College of Medicine.
- 4.8.12 Worked as a member of the Dietary Services Committee in King Fahad Teaching Hospital of the University, King Faisal University.

**4.9 Assistant Professor, Family and Community Medicine,
Department of Family and Community medicine, College of
Medicine, King Faisal University, Dammam, Saudi Arabia: (May,
1992 - April 1997)**

In this post my duties were as follows:

- 4.9.1 Acted as a Coordinator for course Comprehensive Primary Care 1 (CPC1), which is of 13 months duration and constitutes the main clinical training program for residents of Family and Community Medicine Fellowship program. The course was followed by a major examination which was also an equivalent to a Diploma in family Medicine qualifying examination.
- 4.9.2 Responsible for arranging and supervising the Morning Report program in the department which consisted of group discussions, case presentations, random

case analysis, journal club presentations, and lectures carrying a wide range of topics.

- 4.9.3 Responsible for the teaching of essentials of Family and Internal Medicine to residents of King Faisal University Fellowship in Family and Community Medicine.
- 4.9.4 Involved in the teaching and training of medical interns undergoing rotations in Family Medicine.
- 4.9.5 Acted as a supervisor for dissertation carried out by the Family and Community Medicine residents.
- 4.9.6 Acted as an internal examiner for the mid-training (CPC1) and Final Certifying Examinations (FCE), as well as an internal examiner for residents' dissertation defense examinations.
- 4.9.7 Acted as a registrar for King Faisal University Fellowship program for Family and Community Medicine, in addition to the university Master Degree program in Occupational Medicine.
- 4.9.8 Acted as a Clinical Director of the Department family medicine Clinic.
- 4.9.9 Acted as a member of the Development and Training Committee (DTC) which was responsible for development of the Family Medicine Curriculum.
- 4.9.10 Acted as a member of the Examinations Committee in the Department of Family and Community Medicine, College of Medicine, King Faisal University.
- 4.9.11 Acted as a member of the Health Education Committee which was responsible for health education of the public through one of the local public journal "Al-Yom", as well as through other means of mass media, as part of King Faisal University Community Services programs.

4.10 Consultant Physician, At Kassala, Sudan:

(August 1989 – August 1992)

This was a private practice job, but in addition, I have undertaken part-time teaching duties for undergraduate medical students at the College of Medicine, Kassala University, Kassala, Sudan.

4.11 Assistant Professor, Family and Community Medicine, at the College of Medicine, Arabian Gulf University, Manama, Bahrain (September 1987 – July 1989)

4.12 Assistant Professor, Family and Community Medicine, at the College of Medicine, King Abdul Aziz University, Jeddah, Saudi Arabia. (September 1982 – August 1989)

4.13 Several Junior Posts (Senior House Officer and Registrar), at various hospital in the United Kingdom. (July 1979 – July 1982)

4.14 Internal Student London School of Tropical medicine and Hygiene, University of London. (July 1978 – June 1979)

4.15 Medical Officer, at Abu Usher Epidemiology Center, Abu Usher, Sudan. (July 1975 – June 1976)

5. Committees Memberships:

- 5.1 Member of the Local Supervisory Committee for Family Medicine, Eastern Province, KSA.**
- 5.2 Member of the local Training Committee for Family Medicine Residency, King Abdulaziz Hospital, Al Ahsa**
- 5.3 Member of the local Training Committee for Family Medicine Residency, Al IABFH, Dammam**
- 5.4 Member of Research Committee, King Abdulaziz Hospital, Al Ahsa**

6. Other Activities:

- 6.1 Item writer, SCFHS**
- 6.2 Examiner, SCFHS Family Medicine Board Examination.**
- 6.3 External Examiner Arab Board of Family Medicine**
- 6.4 External Dissertations Examiner, University of Medical Science and Technology.**

7. Publications:

- 7.1 Ayat A. Al Ali, Ahmed G. Elzubair. Establishing rapport: Physicians' practice and attendee's satisfaction at a Primary Health care center, Dammam, Saudi Arabia, 2013. JFCM 2016; 23(1):12-17.
- 7.2 Abdullah M. Alramdhan, Ahmed G. El-Zubair. Poor vitamin D supplementation in infants: Cross-sectional study of maternal practices and awareness of vitamin D supplementation in infants in Al-Ahsa, Eastern Saudi Arabia. Saudi Medical Journal 2014; 35(1):67-71
- 7.3 Ahmed Al Akwaa, **Ahmed Elzubier**, Mohammed Al Shehri. Pattern of Liver Functions Tests in Morbidly Obese Saudi Patients Undergoing Bariatric Surgery. Saudi Gastroenterol 2011; 17:252-5
- 7.4 Amr A Sabra, Attia Z Taha, **Ahmed G Elzubier**, Nabil Y Al-Kurashi. Misconceptions about diabetes mellitus among male primary health care centers attendees, in eastern Saudi Arabia. S A Family Pract 2010;52(4):344-49
- 7.5 Al-Turki KA, Al-Baghli NA, Al-Ghamdi AJ, **El-Zubair AG**, Al-Ghamdi R, Alameer MM. Prevalence of current smoking in Eastern province, Saudi Arabia. East Mediterr Health J 2010 Jun;16(6):671-6
- 7.6 Al-Baghli NA, Al-Ghamdi AJ, Al-Turki KA, **El-Zubair AG**, Al-Mostafa BA, Al-Baghli FA, Al-Ameer MM. Awareness of cardiovascular disease in eastern Saudi Arabia. J Family Community Med 2010 Jan;17(1):15-21
- 7.7 Al-Baghli NA, Al-Ghamdi AJ, Al-Turki KA, Al Elq AH, **El-Zubair AG**, Bahnassy A. Prevalence of diabetes mellitus and impaired fasting glucose levels in the Eastern Province of Saudi Arabia: results of a screening campaign. Singapore Med J 2010;51(12):923-30
- 7.8 Al-Baghli NA, Al-Turki KA, Al-Ghamdi AJ, **El-Zubair AG**, Al-Ameer MM, Al-Baghli FA. Control of diabetes mellitus in the Eastern Province of Saudi Arabia: results of screening campaign. East Mediterr Health J 2010;16(6):621-9
- 7.9 Al-Baghli NA, Al-Ghamdi AJ, Al-Turki KA, **El-Zubair AG**, Al-Ameer MM, Al-Baghli FA. Overweight and obesity in the eastern province of Saudi Arabia. Saudi Med J; 2008;29(9):1319-25

- 7.10 Khalid A Al-Turki, Nadira A Al-Baghli, Aqeel J Al-Ghamdi, **Ahmed G. Elzubier**. Hypertension in the eastern province of Saudi Arabia: results of a screening campaign. *Journal of family & Community Medicine* 2008;15(3):95 – 101.
- 7.11 Aqeel J Al-Ghamdi, Khalid A Al-Turki, nadira A Al-Baghli, **Ahmed G. Elzubier**. A community-based screening campaign for the detection of diabetes mellitus and hypertension in the eastern province, Saudi Arabia: Methods and participation rates. *Journal of family & Community Medicine* 2007;14(3)
- 7.12 Amr A. Sabra, Attia Z. Taha, Abdulaziz M. Al-Sebiani, Nabil Y. Kurashi, **Ahmed G. Elzubier**. Coronary Heart Disease Risk Factors: Prevalence and Behavior Among Male University Students in Dammam City, Saudi Arabia. *The Journal of Egyptian Public Health* 2007;82(a&2):21 – 42.
- 7.13 Nada A. Abahussain, **Ahmed G. Elzubier**. Road traffic knowledge and behavior of drivers in the eastern province of Saudi Arabia. *East Mediterranean Health Journal* 200713(2):364 – 375.
- 7.14 Attia Z. Taha, Amr A. Sabra, Ahmed A. Bahnassy, Nabuil Y. Kurashi, **Ahmed G. Elzubier**, Kassim M. Al-Dawood. Knowledge of School Teachers about Three Common Problems in the Eastern Province, Saudi Arabia. *Bulletin of Public Health* 2006;36(2):311 – 326.
- 7.15 Nada A. Abahussain, **Ahmed G. Elzubier**. Diabetes knowledge among self-reported diabetic female teachers: Alkhobar, Saudi Arabia. *Journal of Family & Community Medicine* 2005;12(1):43 – 48.
- 7.16 Attia Z. Taha, Sameeh M. Al-Almaei, **Ahmed G. Elzubier**, Mohammed H. Mian, Nada A. Abahussain. Self-reported knowledge of School Students and their Teachers – Risks and Prevention of Coronary Heart Disease. *Bahrain Medical Bulletin* 2004;26(2):49 – 53.
- 7.17 M Al-Saeedi, **AG Elzubier**, AS Bahnassy, KM Al Dawood. Pattern of belief and use of traditional remedies by diabetic patients in Makkah, Saudi Arabia. *East Mediterranean Health Journal* 2003;9(1/2):99 – 107.
- 7.18 M Al-Saeedi, **AG Elzubier**, AS Bahnassy, KM Al Dawood. Dietary misconceptions among diabetic patients in Makkah City, Saudi Arabia. *Journal of Family & Community Medicine* 2002;9(2):41 – 47.

- 7.19 M Al-Saeedi, **AG Elzubier**, AS Bahnassy, KM Al Dawood. Treatment-related misconceptions among diabetic patients in western Saudi Arabia. Saudi Medical Journal 2002;23(10):1243 – 1246.
- 7.20 Kassim M Al Dawood, **Ahmed G Elzubier**. Attitudes of medical interns towards the practice of primary health care. Journal of Family & Community Medicine 2002;9(2):17 – 22.
- 7.21 **AG Elzubier**. Doctor-patient communication: a skill in need. (review Article) Journal of family & Community Medicine 2001.
- 7.22 E E M Ahmed, M Mohammed, A A Al-Rayes, A Al-Qahtani, **AG Elzubier**. A A E Suliman. The effect of wearing the veil by Saudi ladies on the occurrence of respiratory diseases. Journal of Asthma 2001;38(4):365 – 368.
- 7.23 **A G Elzubier**. Knowledge of hypoglycemia by primary health care centers-registered diabetic patients. Saudi Medical Journal 2001;22(3):219 – 222.
- 7.24 **A G Elzubier**. Hypertension in diabetics registered in primary health care centers in Makkah district, Saudi Arabia. Journal of Family & Community Medicine 2001;7(3):24 – 28.
- 7.25 **Ahmed G Elzubier**, Adil A Husain, Ikhlas A Suleiman, Zeinab A Hamid. Drug compliance among hypertensive patients in Kassala town, Eastern Sudan. East Mediterranean Health Journal.
- 7.26 Adil A Husain, **Ahmed G Elzubier**, M-Elbagir Ahmed. Target organ involvement in hypertensive patients in eastern Sudan. J Hum Hypertens 1999; 13:9 – 12.
- 7.27 MA Al-Shahri, AMA Mandil, **AG Elzubier**. M Hanif. Epidemiological aspects and cost of managing hypertension in Saudi Arabia primary health care centers. Eastern Mediterranean Health Journal 1998;4(3):493 – 501.
- 7.28 Nasser Al-Ajaji, Attia Z Taha, **Ahmed G Elzubier**. Prevalence and utilization of native medicine among primary health care consumers. Saudi Medical Journal 1998;19(5):551 – 554.
- 7.29 Sameeh M Al-Almaei, kassim M Al-Dawood, **Ahmed G Elzubier**. Patients' expectations and satisfaction in a teaching hospital emergency department, in Al-Khobar, Saudi Arabia. Saudi Medical Journal 1998;19(5):561 – 565.
- 7.30 Mohammed A Al-Shehri, **Ahmed G Elzubier**, Ahmed M Mandil. Cost estimation and physicians' awareness concerning hypertension management: experience from primary health care centers, Al-Khobar. Saudi Medical Journal 1998;19(4):390 – 393.

- 7.31 Latifa S Al- Sowielem, **Ahmed G Elzubier**. Compliance and knowledge of hypertensive patients attending primary health care centers in Al-Khobar city, Saudi Arabia. Eastern Mediterranean Health Journal 1998;4(2):301 – 306.
- 7.32 **Ahmed G Elzubier**, kassim M Al-Dawood, Mohammed A Al-Shahri, Ahmed M Mandil. Waist/hip ratio as a predictor of diabetes and hypertension in primary health care centers, Al-Khobar, Saudi Arabia. Bulletin of High Institute of Public Health. 1997; 27(4):571 – 580.
- 7.33 **Ahmed G Elzubier** and Mohammed A Al-Shahri. Drug control of hypertension in primary health care centers-registered patients, in Al-Khobar, Saudi Arabia. Journal of Family & Community Medicine 1997; 4(2):47 – 53.
- 7.34 **Elzubier AG**, Ansari EH, El Nour MH, Bella H. Knowledge and misconceptions about malaria among secondary school students and teachers in Kassala, Sudan. Journal of the Royal Society of Health 1997; 117(6):381 – 386.
- 7.35 **Elzubier AG**, Al-Shehri SZ. Too many vitamins for diabetics. World health Forum 1997; 18:73 – 74.
- 7.36 Al-Mahdi MA, **Elzubier AG**. Assessment of the functional status of elderly subjects in Qassim region. Journal of the Royal Society of Health 1997; 117(5):313 – 318.
- 7.37 Khalil SA, **Elzubier AG**. Drug compliance among hypertensive patients in Tabuk, Saudi Arabia. Journal of Hypertension 1997; 15:561- 565.
- 7.38 Kurashi NY, **Elzubier AG**, Al-Almaei S and Hanif M. Health knowledge among students of a Saudi Girl's college. Saudi Medical Journal 1997; 18(3):219 – 222.
- 7.39 Makhdoom YMAQ, **Elzubier AG**, Hanif M. Satisfaction with health care among primary health care centers attendees in Al-Khobar, Saudi Arabia. Saudi Medical Journal 1997; 18(3):227 – 230.
- 7.40 Basulaiman MO, **Elzubier AG**. The knowledge of primary health care centers doctors about radiodiagnostic investigations, Dammam, Saudi Arabia. Saudi Medical Journal 1997; 18(3):244 – 247.
- 7.41 Al-Mahdi MA, **Elzubier AG**. Knowledge, attitude and practice of geriatrics among primary health care doctors in Burraidah, Saudi Arabia. Saudi Medical Journal 1996; 17(5):649 – 653.
- 7.42 **Elzubier AG**, Al-Amri AA, Al-Haraka EA, Abu-Samara IO. Self-care, self-reliance and knowledge of diabetes among diabetic in Qassim region, Saudi Arabia. Saudi Medical Journal 1996; 17(5):589 – 603.

- 7.43 **Elzubier AG**, El Nour MH, Ansari EH. Aid-related knowledge and misconceptions among high secondary school teachers and students in Kassala, Sudan. *East African Medical Journal* 1996; 73(5):295 – 297.
- 7.44 Al-Dawood KM, **Elzubier AG**. Patients' expectations and satisfaction in a teaching hospital outpatient clinic, Alkhobar, Saudi Arabia. *Saudi Medical Journal* 1996; 17(2):245 – 250.
- 7.45 Basulaiman MO, **Elzubier AG**. X-ray film interpretation by hospital outpatient departments and primary health care centers physicians in Dammam, Saudi Arabia. *Annals of Saudi Medicine* 1995; 16(6):629 – 632.
- 7.46 Al-Mahdi MA, **Elzubier AG**. Utilization of health services by the primary health care centers-registered elderly people in Burraidah city, Saudi Arabia. *Journal of Family & Community Medicine* 1995; 3(1):14 – 21.
- 7.47 Al-Dawood KM, **Elzubier AG**. Smoking pattern among primary health care attendants, Alkhobar, Saudi Arabia. *Bulletin of Alexandria Faculty of Medicine*. 1995; 25(2):361 – 368.
- 7.48 **Elzubier AG**, Bella H, Sebai ZA. Assessment of the knowledge of primary health care staff about the primary health care. *Journal of Family & Community Medicine* 1995; 1:35 – 39.
- 7.49 Fatani HH, Mira SA, **Elzubier AG**. The pattern of complications in Saudi Arabian diabetics. *Annals of Saudi Medicine* 1987; 9(1):44 – 47.
- 7.50 Fatani HH, Mira SA, **Elzubier AG**. The prevalence of diabetes mellitus in rural Saudi Arabia. *Diabetes Care* 1987; 10:180 – 183.
- 7.51 Siraj A Mira, Hassan H Fatani, **Ahmed G Elzubier**, Soad A Al-Dabbagh. Diabetic ketoacidosis – a report of 123 diabetic subjects. *Saudi Medical Journal* 1986; 7:354 – 368.
- 7.52 Fatani HH, Mira SA, **Elzubier AG**, Abdulwahab S. Glycosylated hemoglobin levels in normal and diabetic subjects in Saudi Arabia. The proceedings of the 3rd Congress on diabetes in the tropics and developing countries. 1985; Dec 2 – 5:142.
- 7.53 Fatani HH, Mira SA, **Elzubier AG**. The prevalence of diabetes mellitus in the urban population of the western region of Saudi Arabia. The proceedings of the 3rd Congress on diabetes in the tropics and developing countries. 1985; Dec 2 – 5:8 - 162.
- 7.54 **Elzubier AG**, Wasfi A. Smoking pattern in the Western Region of Saudi Arabia. *Bulletin of Alexandria Faculty of Medicine* 1985; 4:667 – 683.

8. Supervised Dissertations:

- 8.1 Utilization of radio diagnostic investigations by primary health care and hospital physicians in Dammam, Saudi Arabia (Scored Grade A)
- 8.2 Drug Compliance among hypertensive patients in Tabuk region, Saudi Arabia (Scored Grade B)
- 8.3 The cost of diabetic care in Saudi Arabia (Scored Grade B)
- 8.4 Hypertension: Direct cost of care and primary health care physician's awareness in Alkhobar city, Saudi Arabia (Scored Grade B)
- 8.5 Patients' satisfaction about health care among primary health care attendees in the eastern region of Saudi Arabia (Scored Grade C).
- 8.6 The status of geriatrics care in Burraidah city, Saudi Arabia (Scored Grade C)
- 8.7 Misconceptions about diabetes mellitus among diabetic subjects in the western region of Saudi Arabia (Scored Grade A).
- 8.8 Blood pressure pattern in school children in Makkah region (Scored Grade A)
- 8.9 Patients' knowledge and attitudes and physicians' attitudes towards diabetes, Dammam, Saudi Arabia (Scored Grade A)
- 8.10 Prevalence and Predictive Factors of Albuminuria in Diabetic Patients at a Diabetic Clinic in Primary Health Care Center, National Guard, Al Ahsa: A Cross-sectional Study.
- 8.11 Establishing rapport: Physicians' Practice and Patients' Satisfaction at a Primary Health Care Center, Dammam, Saudi Arabia, 2013
- 8.12 Prevalence of Inadequate Sleep and Poor Sleep Hygiene & Its Association with Academic Performance in Male Medical Students in Eastern Province, KSA
- 8.13 Saudi Womens' Awareness and Practices Towards Cervical Cancer Screening in Primary Health care, National Guard Health affairs, Al Ahsa
- 8.14 Palliative Care: Knowledge and attitude among Family and non-family medicine Residents in Eastern Province, Saudi Arabia, 2015/2016.

9. Research Proposals Evaluation:

I have evaluated 30 research proposals submitted to King Abdulaziz City for Science and Technology (KACST), Riyadh, Saudi Arabia.

As member of the Research Committee, King Abdulaziz Hospital, National Guard, I have evaluated several research proposals.

10. Courses, Workshops and Seminars:

General Medicine Conferences:

- 10.1 1st Heart Failure Symposium 30 October, 2014, King Abdulaziz Hospital, National Guard Health Authority, Al Ahsa, Saudi Arabia (**Speaker**).
- 10.2 Family Medicine Research Day, October 27-28 2014, King Fahad Military Medical Complex, Dhahran, Saudi Arabia (**Evaluator**).
- 10.3 Meta-Analysis Concepts and Applications, July 2014, London, UK.
- 10.4 Annual Medical Symposium, May 7-8, 2014, King Abdulaziz Hospital, National Guard Health Authority, Al Ahsa, Saudi Arabia.
- 10.5 4th KAH Cardiology 2014, March 26-27, 2014, King Abdulaziz Hospital, National Guard Health Authority, Al Ahsa, Saudi Arabia.
- 10.6 Work Ethics November, 2013, 2nd Tuberculosis Symposium, October 30, 2013, King Abdulaziz Hospital, National Guard Health Authority, Al Ahsa, Saudi Arabia.
- 10.7 2nd Tuberculosis Symposium, October 30, 2013, King Abdulaziz Hospital, National Guard Health Authority, Al Ahsa, Saudi Arabia.
- 10.8 Patient Safety Day, December 5, 2012, King Abdulaziz Hospital, Al Ahsa, National Guard Health Authority, Saudi Arabia.
- 10.9 Advanced Cardiovascular Life Support (Provider Course). September 20-30, 2012 Saudi Heart Association, King Abdulaziz Hospital, Al Ahsa, National Guard Health Authority, Saudi Arabia.
- 10.10 17th Annual Medicine Symposium "Update on Common Medical Problems" May 30-31, 2012, King Abdulaziz Hospital, National Guard Health Affairs, Al Ahsa, Saudi Arabia. (**Speaker**).
- 10.11 Academic activity on: General laboratory Safety, King Abdulaziz Hospital, National Guard Health Affairs, Eastern Region, 26 March 2012, Al Ahsa, Saudi Arabia.
- 10.12 First Tuberculosis Day (TB) Symposium, King Abdulaziz Hospital, National Guard Health Affairs, Eastern Region, 25 March, 2012, Al Ahsa, Saudi Arabia.
- 10.13 Basic Medication Safety Course, King Abdulaziz Hospital, National Guard Health Affairs, Eastern Region, 6 March, 2012, Al Ahsa, Saudi Arabia.

- 10.14 The International Conference on Fixed Combination in the Treatment of Hypertension, Dyslipidemia and Diabetes Mellitus, Marriott Rive Gauche Hotel and Conference Center, December 1-4, 2011, Paris, France.
- 10.15 10th Anniversary of the European Federation of Internal Medicine (EFIM) held with the 17th Congress of the Hellenic Society of Internal Medicine (HSIM), 5-8 October, 2011, Athens, Greece.
- 10.16 2nd Annual Surgical Symposium, King Abdulaziz Hospital, National Guard Health Affairs, Eastern Region, 27-28 September, 2011, Al Ahsa, Saudi Arabia.
- 10.17 Kidney Day, King Abdulaziz Hospital, National Guard Health Affairs, Eastern Region, March 16, 2011, Al Ahsa, Saudi Arabia.
- 10.18 Jubail International Kidney Disease Conferences (JIKC) 2011, Royal Commission Conference Hall, April 5-6, 2011, Jubail, Saudi Arabia. (**Speaker**)
- 10.19 6th Annual Medicine Symposium, King Abdulaziz Hospital, National Guard Health Affairs, Eastern Region, Al Ahsa, 1-2 June 2011, Saudi Arabia. (**Speaker**)
- 10.20 Advanced Cardiovascular Life Support (Provider Course), King Abdulaziz University for Health Sciences, King Abdulaziz Medical City National Guard Health Affairs and the Postgraduate Training Center, 27 – 28 September, 2010, Saudi Arabia.
- 10.21 Basic Life Support for Health Providers. September 13, 2012. Saudi Heart Association, King Abdulaziz Hospital, Al Ahsa, National Guard Health Authority, Saudi Arabia.
- 10.22 Acid Base & Electrolyte Disorder Course, King Abdulaziz Hospital, National Guard Health Affairs, Eastern Region, 14 January, 2010, Al Ahsa, Saudi Arabia.
- 10.23 The 5th Annual Medical Symposium on Medical Consultations, King Abdulaziz Hospital, National Guard Health Affairs, Eastern Region, June 9 – 10, 2010, Al Ahsa, Saudi Arabia. (**Speaker**)
- 10.24 Basic Life Support for Health Care Providers Course, King Abdulaziz University for Health Sciences, King Abdulaziz Medical City National Guard Health Affairs and the Postgraduate Training Center, 4 April, 2010, Al Ahsa, Saudi Arabia.
- 10.25 Acid Base and Electrolyte Disorder Course, King Abdulaziz Hospital, National Guard Health Affairs, Eastern Region, January 14, 2010, Al Ahsa, Saudi Arabia.

- 10.26 Basic Medication safety Course, King Abdulaziz Medical City – NGHHA, King Saud Bin Abdulaziz University for Health Sciences, Postgraduate Training Center, Riyadh, Conducted at King Abdulaziz Medical City, NGHHA, 30 September, 2009, Al Ahsa, Saudi Arabia.
- 10.27 Pediatric Dermatology Symposium, King Abdulla National Hall, Qatif Central Hospital, Ministry of Health, Health Affairs Directorate, 24 January, 2007, Dammam, Eastern Province, Saudi Arabia.
- 10.28 6th Update in Internal Medicine on Cardiology and Hypertension, King Fahd for the University, 29 November, 2006, Alkhobar, Saudi Arabia. (**Speaker**)
- 10.29 Workshop on Chronic Diseases Mini Clinics for Primary Health Care Physicians, Maternal and Child Care Hospital, 2002, Dammam, Saudi Arabia (**Speaker**).
- 10.30 Diabetes & Hypertension Course, King Faisal University, College of Medicine, Directorate of Medical Education, King Fahd Hospital for the University, 13 – 15 November, 2001, Alkhobar, Saudi Arabia.
- 10.31 Workshop on Evidence Based Clinical; Practice, King Faisal University, College of Medicine, Directorate of Medical Education, King Fahd Hospital for the University, 20 March, 2001, Alkhobar, Saudi Arabia.
- 10.32 Symposium on Diabetes Mellitus, King Fahd Military Medical Complex, 13 – 14 October, 1999 Dhahran, Saudi Arabia.
- 10.33 The 5th Saudi Gastroenterology Association Meeting, King Fahd Hospital for the University, 19 – 20 November, 1997, Alkhobar, Saudi Arabia.
- 10.34 Symposium on Comprehensive Care for Diabetic Patients, The 5th Saudi Gastroenterology Association Meeting, King Fahd Hospital for the University, 9 – 10 October, 1995, Alkhobar, Saudi Arabia.
- 10.35 Conference on Curative Services in Primary Health Care, Saudi Society of Family & Community Medicine, 1994, Alkhobar, Saudi Arabia.
- 10.36 Symposium on diabetes mellitus, 1986; Dammam, Saudi Arabia.
- 10.37 Symposium on Diabetes Mellitus in Saudi Arabia, 1986; King Fahad National Guard Hospital, Riyadh, Saudi Arabia.
- 10.38 The 12th Congress of the International Diabetic Federation, 1985, Madrid, Spain.
- 10.39 Workshop on basics of Medical Educational Planning, 1984; King Abdulaziz University, Jeddah, Saudi Arabia.
- 10.40 The 8th Saudi Medical Conference, 1983; Riyadh, Saudi Arabia.

10.41 Symposium on diabetes mellitus, 1983; Riyadh Armed Forces Hospital, Riyadh, Saudi Arabia.

Communication Skills Conferences:

10.42 Communication Skills Workshop. January 6, 2013. King Abdulaziz Hospital, Al Ahsa, National Guard Health Authority, Saudi Arabia. (Speaker)

10.43 Communication Skills Workshop. May 1, 2012. King Abdulaziz Hospital, Al Ahsa, National Guard Health Authority, Saudi Arabia.

10.44 Physician Communication Skills Workshop, Park Inn Hotel, 5 April, 2012, Al Khobar, Saudi Arabia. (Speaker)

10.45 Physician Communication Skills, National Guard Health Affairs, Eastern Region Sofitel Hotel Alkhobar, 4 November, 2010, Alkhobar, Saudi Arabia. (Speaker)

10.46 Physician Communication Skills, National Guard Health Affairs, King Abdulaziz Hospital, Eastern Region, 4 February, 2010, Al Ahsa, Saudi Arabia. (Speaker)

10.47 Workshop on Communication Skills and Breaking Bad News, Al Moosa General Hospital, 15 July, 2010, Al Ahsa, Saudi Arabia. (Speaker)

10.48 Workshop on Communication Skills, Saudi Council for Health Specialties, 18 – 21 December, 2005, Riyadh, Saudi Arabia.

Medical Education Conferences:

10.49 Workshop for Dissertation Supervisors and Assessors, Khartoum, December 2019 (**Organizer and Speaker**)

10.50 NGHA 2nd Research Day, 29 May 2013, King Abdulaziz Hospital, National Guard Health Authority, Al Ahsa, Saudi Arabia.

10.51 Saudi Can MEDS Workshops. The Saudi Commission for Health Specialties (SCFHS), 9 May, 2013, Dammam, Saudi Arabia.

10.52 The Reviewer's Workshop. The Saudi Commission for Health Specialties (SCFHS), 6 May, 2013, Riyadh, Saudi Arabia.

10.53 St George's Advanced Assessment Course. 12-14 November 2010, St George's Hospital, University of London, London, United Kingdom.

10.54 CANMeds workshop. September 19, 2012. King Abdulaziz Hospital, National Guard Health Authority, Al Ahsa, Saudi Arabia.

10.55 Workshop on "Portfolio Based Learning and Assessment". May 16 2012, Al-Dhahran Coral Hotel, Al-Dhahran, Saudi Arabia.

- 10.56 The Subject Matter Expert Workshop, The Saudi Commission for Health Specialties, 14-15 May, 2012, Riyadh, Saudi Arabia.
- 10.57 Effective Teaching with Patients and during wards Rounds. Saudi Arabian Conference on Residency Education "SACRE2" 7-9 February, 2012, Riyadh, Saudi Arabia.
- 10.58 Effective Teaching with Patients and during wards Rounds. Saudi Arabian Conference on Residency Education "SACRE2" 7-9 February, 2012, Riyadh, Saudi Arabia.
- 10.59 Training Course for the Trainers Consultant. Maternity and Children Hospital, 12-13 October, 2011, Al Ahsa, Saudi Arabia. (Speaker)
- 10.60 Train the Trainer Workshop, Speaker, King Abdulaziz University for Health Sciences, King Abdulaziz Medical City National Guard Health Affairs and the Postgraduate Training Center, 30-31 January, 2011, Saudi Arabia. (Speaker)
- 10.61 The Saudi Arabian Conference on Residency Education (SACRE), National Guard Health Affairs, King Saud Bin Abdulaziz University for Health Sciences and The Royal College of Physicians and Surgeons of Canada, Riyadh Marriot Hotel, 28 - 30 November, 2010, Riyadh, Saudi Arabia.
- 10.62 Prospective Clinician Educator's Workshop, National Guard Health Affairs, King Saud bin Abdulaziz University for Health Sciences and The Royal College of Physicians and Surgeons of Canada, Riyadh Marriot Hotel, 30 November, 2010, Riyadh, Saudi Arabia.
- 10.63 Workshop on Teaching and Assessment of Communication Competencies for Resident Physicians, National Guard Health Affairs, and King Saud bin Abdulaziz University for Health Sciences and The Royal College of Physicians and Surgeons of Canada, Riyadh Marriot Hotel, 29 November, 2010, Riyadh, Saudi Arabia.
- 10.64 Workshop on Assessment 101: How to design effective tools for Resident Assessment, National Guard Health Affairs, King Saud bin Abdulaziz University for Health Sciences and The Royal College of Physicians and Surgeons of Canada, Riyadh Marriot Hotel, 28 November, 2010, Riyadh, Saudi Arabia.
- 10.65 Workshop on Preparing Residents for Research, National Guard Health Affairs, King Saud bin Abdulaziz University for Health Sciences and The Royal College of Physicians and Surgeons of Canada, 28 November, 2010, Riyadh Marriot Hotel, Riyadh, Saudi Arabia.

- 10.66 Workshop on Educational Planning and Evaluation, World Health Organization Center for Educational Development, College of Physicians and Surgeons Pakistan in Collaboration with The Saudi Council for Health Specialties, 22 – 24 October, 2002, Dammam, Saudi Arabia.
- 10.67 Workshop on Teaching Skills, World Health Organization Center for Educational Development, College of Physicians and Surgeons Pakistan in Collaboration with The Saudi Council for Health Specialties, 26 – 28 October, 2002, Dammam, Saudi Arabia.
- 10.68 Workshop on Better Quality MCQs, King Faisal University, College of Medicine, Directorate of Medical Education, King Fahd Hospital for the University, 30 May, 2001, Alkhobar, Saudi Arabia.
- 10.69 Conference on methods of Evaluation in Family and Community Medicine, Saudi Society of Family & Community Medicine, 1998, Riyadh, Saudi Arabia.
- 10.70 Workshop: Towards An Optimum Method of Family & Community Medicine Examination, Al-Rabwa Postgraduate Training Center, 21 – 22 May, 1995, Riyadh, Saudi Arabia. (Speaker)
- 10.71 Workshop Medical Education Instruction, 1985; King Abdulaziz University, Jeddah, Saudi Arabia.
- 10.72 Workshop on basics of Medical Educational Planning, 1984; King Abdulaziz University, Jeddah, Saudi Arabia.

Other Courses:

- 10.73 The Combined Course in Statistics and Epidemiology: 1978 (six months); London School of Tropical Medicine & Hygiene, University of London.

11. General Interests:

- 10.1 Professional Interests: Epidemiology and management of non-communicable diseases and Doctor-patient relation and communication.
- 10.2 Hobbies: Computer skills, music, cooking and reading.

12. References:

- 11.1 Dr. Ahmed Abdulrahman Al Arfaj
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- 11.2 Professor Sameeh Mohammed Al-Almaei
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- 11.3 Professor Saifuddin Ga'afar Ballal
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Copies of Qualifications

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THE MEDICAL COUNCIL
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THE SUDANESE
MEDICAL COUNCIL

مرة التسجيل: ١٩٦٢ تاريخ استخراج الشهادة: ١٩٨٦/٧/٢٦

أشهد بأن البيانات أدناه صورة طبق الأصل مستخرجة
من أرشفة السجل الطبي المعد طبقاً لأحكام المادة ٢٠(ب)
من قانون المجلس الطبي لسنة ١٩٨٦ م.

الاسم: أحمد قاسم الزوبير
المهنة: طبيب
الكلية التي تخرج فيها: كلية الطب جامعة الخرطوم
تاريخ التخرج: ١٢ مايو ١٩٧٤ م
تاريخ التسجيل: يونيو ١٩٧٢ م

المستجل: د. عوالي شيبه الزوبير

العنوان: مربع ٥ - و/شرف شارع الجامعة - الخرطوم.

HIS DOCUMENT HAS BEEN VERIFIED
TRUE AND GENUINE COPY OF THE
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Verifier: [Signature]

THE MEDICAL COUNCIL
SUDAN



THE REPUBLIC OF THE SUDAN

The Sudan Medical Council

CERTIFICATE

OF SPECIALISTS REGISTRATION

No. 000446



Registration No: 48 : MEDICINE

Date of Certificate : 12. 12. 1989

We hereby certify that the following is a true extract from the last Medical Register Made in accordance with the provisions of section 33 of the Sudan Medical Council Act. 1986 and the specialists registration (Different Medical Professions) Regulations 1985.

Name : AHMED GASIM ELZUBAIR

Specialization : GENERAL MEDICINE

Qualification : MRCP

Institution Qualified Therein : ROYAL COLLEGE OF PHYSICIANS OF IRELAND

Date of Qualification : 1988



DR. AHMED ABDEL MOUA
Chairman of the Board

President
Medical Council

DR. MOWAFI ABDEL FATTAH
Registrar

Ahmed Gasim Elzubair



Royal College of Physicians of Ireland

National Guard Health Affairs
 King Abdulaziz Hospital - Al-Ahsa
 Administrative Affairs

THIS DOCUMENT HAS BEEN VERIFIED A
 TRUE AND GENUINE COPY FROM THE
 ORIGINAL BY THE UNDERSIGNED.

17/04 11:00
 Verifier Date Time

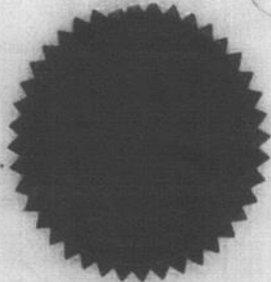
We, the President and Fellows of the Royal
 College of Physicians of Ireland, in Pursuance
 of the Powers vested in us by our Charters, and having
 duly and deliberately examined ARMED GASIM EL ZUBIER
 in the principles and practice of Medicine and in the
 accessory sciences and having found ^{him} well versed
 therein, do hereby grant ^{him} our Licence to practice in the
 faculty of Medicine do hereby also admit ^{him} to the Membership
 of the College and to the full enjoyment of all privileges, and
 honours attached thereto and do hereby certify that ^{he} is
 a Licentiate and Member of the said College.

In testimony whereof we subscribe our names and
 affix our Common Seal, at the College Hall in Dublin,
 this first day of July, 1982.

President Peter D. Holland

Vice President Joseph Doyle
 Fellows

Michael
W. D. Doyle
Thomas D. Gerard



Valentin P. ...
Leon E. ...
Joseph ...

Caran Barry Fellow & Registrar

UNIVERSITY OF LONDON



AHMED GASIM ELZUBIER

of

LONDON SCHOOL OF HYGIENE AND TROPICAL MEDICINE

has this day been duly awarded the

DIPLOMA in TROPICAL PUBLIC HEALTH

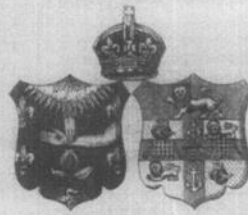
as an Internal Student

28 JULY 1977



Laura Hartley

Vice-Chancellor



We
The President and Fellows
The Royal College of Physicians of London
and
We
The President and Council
The Royal College of Surgeons of England
have granted this
Diploma in Tropical Medicine and Hygiene

to
Ahmed Gasim Elzubair

who has satisfied us of his proficiency in this subject.

*In Witness whereof We the Presidents have hereunto
set our signatures.*

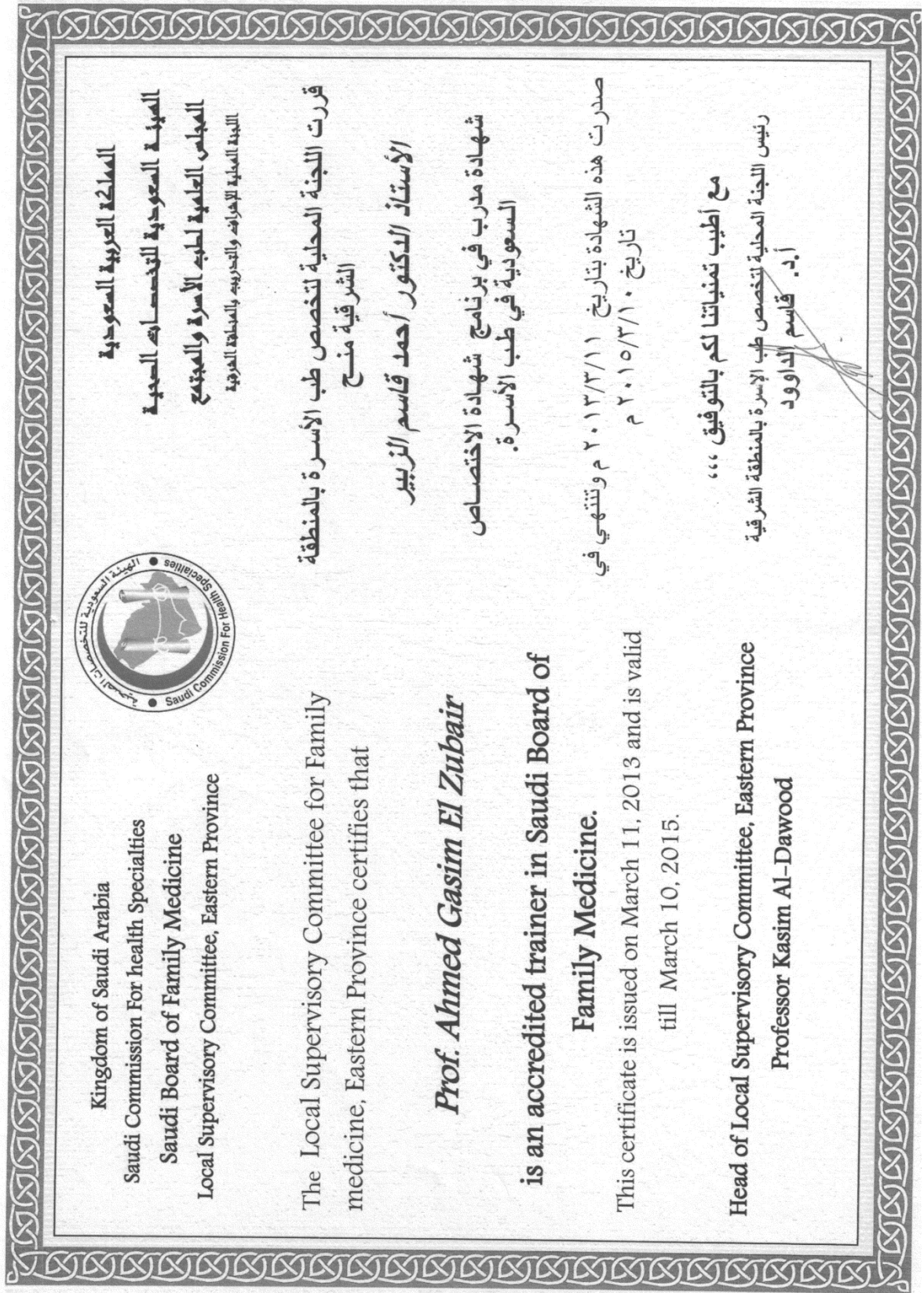


Dated this 10th day of November 1977

Angela Black
*President of the Royal College
of Physicians of London.*

Reginald Kelly
*President of the Royal College
of Surgeons of England*

Signature of Diplomat



KINGDOM OF SAUDI ARABIA
Ministry of Higher Education
UNIVERSITY OF DAMMAM



المملكة العربية السعودية
وزارة التعليم العالي
ادارة شؤون هيئة التدريس والموظفين ١٦/٣٧

المرفقات :

التاريخ : ١٤٣١ / ٥ / ٥ هـ

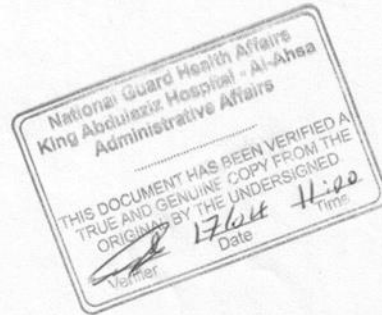
الرقم : ٣٢ / ١ / ٣٠٩٥

((إلى من يهمه الأمر))

تشهد ادارة شؤون هيئة التدريس والموظفين بجامعة الدمام بأن الدكتور / احمد قاسم الزبير (سوداني الجنسية) كان متعاقدًا مع الجامعة للعمل بوظيفة استاذ بكلية الطب وقد طوي قيده اعتبارًا من ١٤٣٠/٩/٢٥ هـ وذلك للتنازل عن كفالتة لصالح الشؤون الصحية بالحرس الوطني . وبناء على طلبه اعطيت له هذه الشهادة .

والله ولي التوفيق ...

مدير عام شؤون هيئة التدريس والموظفين
إبراهيم بن علي الزميع



العلمي - شؤون الموظفين

ص.ب: ١٩٨٢ الدمام : ٣١٤٤١ هاتف : ٨٥٢٢٧١٦ - فاكس : ٨٥٢٩٣٣٢ سنترال : ٨٥٧٧٠٠٠ تحويلة ٢١٢١ -
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